





Self-Actualization
Morality, Creativity
Spontaneity, acceptance
Experience Purpose
Meaning and inner potential

Self-Esteem
Confidence, achievement, respect for others
The need to be a unique individual

Love and belonging
Friendship, family, intimacy, sense of connection

Safety and security
Health, employment, prosperity, family and social
stability

Physiological needs
Breathing, food, water, clothing, sleep